

The trail is the result of collaboration between the Commune de Maussane-les-Alpilles, the Parc Naturel Régional des Alpilles and students from the Lycée Agricole de St Rémy de Provence, for whom the trail is a practical application of their learning.

ITINERARY

A walk in the Alpilles massif, right next to the village of Maussane-les-Alpilles.

In the past, this area was grazed by herds of cattle and tended by local people, who helped to maintain its biodiversity. This fragile natural area has suffered devastating fires in the past, and today access to it must be managed to preserve its richness.



MISSING MARKINGS ALONG THE TRAIL

ACCESS TO THE MASSIFS

Du 1er juin au 30 septembre, l'accès aux massifs dans le département des Bouches du Rhône est réglementé.

Renseignez-vous avant d'entreprendre une balade ou une randonnée au 08 11 20 13 13, en téléchargeant l'application « My Provence balade » ou auprès de l'Office de Tourisme.



PRACTICAL INFORMATION

Come to Maussane by bus with the ZOU line:



Line 702: Arles-Maussane-Salon de Provence

Line 707: Maussane-St Rémy de Provence-Avignon
(July/August only)

Nearest Parkings:



Parking Simon Barbier

Parking agora

Parking Place Henri Giraud (except Thursdays)



Flandrin discovery trail



A walk to discover the typical landscapes of the Alpilles massif, a 360° view and different plants species.

Practice: walking
Length: 3.5km
Duration: 1h00



THE TRAIL



1- Departure from the Tourist Office. Turn to the left on the road of Saint-Rémy-de-Provence, then take the first to the left to join the way St Marc. At the crossroads, turn right onto the small road to Les Baux. After about 550m, you'll find the start of the Flandrin trail on your right.

2-The route is marked with blue arrows on wooden posts. It starts with a slightly rocky, steep slope that takes you up to the Flandrin plateau in just a few minutes.

When you reach the summit, you will discover all along the way the different plant species present, such as: thyme, tin laurel, euphorbia, fragon, wild lavender, buplèvre, wild asparagus, boxwood, holm oak, thorny broom, kermes oak, rosemary, juniper, alaterne, Aleppo pine or arbutus...

There are two orientation tables to help you find your bearings and admire the views. The South table overlooks the village of Maussane-les-Alpilles and offers a view of the Marais des Baux and the Pays d'Arles for dozens of kilometres. The North table offers a unique panorama of the village of Les Baux de Provence and its Château.

The route makes a loop and returns along the path taken at the start.

DISCOVER PLANTS ON YOUR TRAIL

The Arbutus



The arbutus is a hardy evergreen fruit bush that flowers in autumn and produces strawberry-shaped edible fruit in winter.

The Tyme

Thyme is an aromatic plant that is used in a variety of forms and preparations to relieve respiratory, digestive and skin ailments. It is also a condiment plant that is widely used, particularly in Provençal and rural cooking.



The Rosemary



Rosemary is a remarkable shrub with a wealth of medicinal, cosmetic and aromatic properties.

The Spiny broom

Spiny broom or scorpion's broom is a medium-sized, yellow-flowered shrub native to southern France. It has thorns on its branches, hence its name.

